

CREDENTIALS

- ❖ Certified IMAGO Relationship Therapist and Weekend Workshop Presenter for Couples and Singles
- ❖ Member of Academy of Certified Social Workers
- ❖ Member of National Council on Sexual Addiction and Compulsivity (NCSAC)
- ❖ Adjunct Professor at Wayne State University for Sexual Orientation Class in the School of Social Work
- ❖ Spirit of Detroit Award, 2002

Since 1985 Joe Kort has been a psychotherapist, specializing in intimacy and relationship problems with heterosexual and gay and lesbian clients, and offering workshops for couples, singles and Gay men.

He graduated from Michigan State University with dual majors, in Psychology and Social Work. At Wayne State University, he earned a Master's in Social Work (MSW), then a Master's (MA) in Psychology.

His articles have appeared in The Detroit Free Press, Between the Lines, The Detroit News, The Oakland Press, The Royal Oak Daily Tribune, the Royal Oak Mirror, and other local and national publications. Besides providing therapy for individual and couples, he conducts a number of groups and workshops for gay men. He is adjunct professor at Wayne State University in the School of Social Work Master's Program teaching Gay and Lesbian Studies.

Joe specializes in IMAGO Relationship Therapy for couples and singles. IMAGO is a specialized program designed to help couples improve their communication skills and improve their relationships and prepare singles for healthy relationships. It is based on the principles and communication tools developed by Harville Hendrix in his books, "Getting The Love You Want: A Guide For Couples" and "Keeping The Love You Find: A Guide For Singles".

Joe is also trained in dealing with **sexual addiction and compulsion, childhood abuse of a sexual, physical or emotional nature, depression and anxiety disorders, and men's issues.**

Joe speaks nationally on issues surrounding men, whether gay, bi-attractional or straight, who are struggling with sexual concerns. He also writes about issues involving gay men and lesbians and the special issues they face.

from the book, **"The Invitation"**
by Oriah Mountain Dreamer

It doesn't interest me what you do for a living. I want to know what you ache for, and if you dare to dream of meeting your heart's longing.

It doesn't interest me how old you are, I want to know if you will risk looking like a fool for love, for your dreams, for the adventure of being alive.

It doesn't interest me what planets are squaring your moon. I want to know if you have touched the center of your own sorrow, if you have been opened by life's betrayals or have become shriveled and closed from fear of further pain! I want to know if you can sit with pain, mine, or your own, without moving to hide it or fade it or fix it. I want to know if you can be with JOY, mine or your own; if you can dance with wildness and let the ecstasy fill you to the tip of your fingers and toes without cautioning us to be careful, be realistic, or to remember the limitations of being a human.

It doesn't interest me if the story you're telling me is true. I want to know if you can disappoint another to be true to yourself; if you can bear the accusation of betrayal and not betray your own soul. I want to know if you can be faithless and therefore be trustworthy. I want to know if you can see beauty even when it is not pretty every day, and if you can source your life from ITS presence. I want to know if you can live with failure, yours and mine, and still stand on the edge of a lake and shout to the silver of the moon, "YES"!

It doesn't interest me to know where you live or how much money you have. I want to know if you can get up after the night of grief and despair, weary and bruised to the bone, and do what needs to be done for the children.

It doesn't interest me who you are, how you came to be here. I want to know if you will stand in the center of the fire with me and not shrink back.

It doesn't interest me where or what or with whom you have studied. I want to know what sustains you from the inside when all else falls away. I want to know if you can be alone with yourself, and if you truly like the company you keep in the empty moments.



Take the
first step
into better
living!



JOE KORT

MA, MSW, ACSW

INDIVIDUAL - COUPLES - GROUP
WORKSHOPS

Psychotherapist

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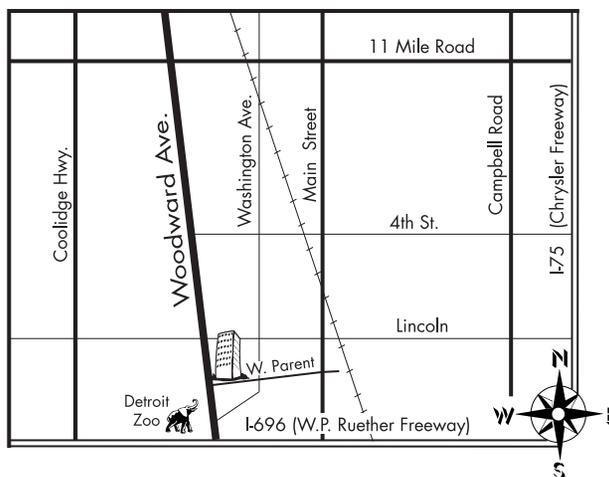
SERVICES OFFERED

- ❖ Individual, Group & Couples Therapy
- ❖ IMAGO Relationship Therapy for Couples
- ❖ Gay Men's Group Therapy
- ❖ Men's Sexuality Group Therapy
- ❖ Consulting & Supervision Services
Lectures, Workshops
- ❖ "Getting the Love You Want"
Couples Weekend Workshops
- ❖ "Keeping the Love You Find" Six Week
Singles Workshops

WHAT YOU CAN EXPECT

- ❖ Initial Evaluation
- ❖ Diagnosis
- ❖ Treatment recommendations for
addressing specific problems
- ❖ Medical referral and consultation
with experienced health professionals,
when necessary
- ❖ An active treatment program to promote
behavioral and emotional change

LOCATION



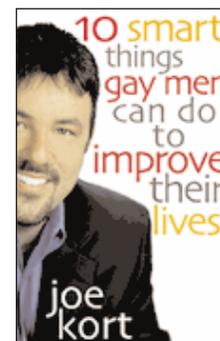
Joe Kort's office is located at 25600 Woodward, North of I-696, Woodward exit. Go north onto Woodward and within 3 blocks, on right, you will find building (east side of Woodward). The building is located on the corner of Woodward and Parent, next to Burger King.

Parking and entrance to the building is located in the back of the building. Enter suite and have a seat in the waiting room.

**All inquiries can be answered
confidentially by calling Joe Kort.**

248 · 399 · 7317

**Appointments are conveniently
arranged as quickly as possible.**



10 SMART THINGS GAY MEN CAN DO TO IMPROVE THEIR LIVES

Our efforts to achieve happy, healthy, and satisfying lives are often thwarted by clinging to self-defeating behavioral patterns. Try as we might, we keep making the same mistakes; our lives become frustrating, and often we give up working towards change altogether. The only way to move beyond this point of stagnation is to isolate these behaviors and begin the process of consciously moving in the opposite direction. Joe Kort brings his 17 years of experience working with hundreds of gay men in individual and group settings as well as workshops and retreats to this book, which provides 10 powerful and positive steps gay men can take to achieve a healthier, more rewarding life.

1. *Take Charge of Their Own Lives*
2. *Affirm Themselves by Coming Out*
3. *Resolve Differences With Parents and Relatives*
4. *"Graduate" From Delayed Adolescence*
5. *Avoid-or Overcome-Sexual Addiction*
6. *Learn from Successful Mentors Who've Been There, Done That*
7. *Take Advantage of "Therapy Workouts"*
8. *Achieve-and Maintain-Rewarding Relationships*
9. *Understand the Stages of Loves*
10. *Commit to Their Partner*

These solid and reliable "Top 10" life steps that have been most helpful to Joe Kort's clients are presented in an engaging and easy-to-understand manner and are supplemented by case histories from his practice. These are time-tested, practical decisions gay men can make in their search for emotional, sexual, and personal fulfillment.

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www.alyson.com